

## House of Welcome Adult Day Services

Specialized programs for people with memory loss and their families

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### Day Program Sessions & Rates

The Day Program is open Monday through Friday. Families can choose from morning, afternoon, or full-day options. Participants must attend a minimum of two sessions per week. To secure a spot, a one-month payment in advance is required.

**Morning: 9 a.m. - 12:30 p.m.**  
**\$100/Day; Lunch included**

**Afternoon: 1 - 5 p.m.**  
**\$100/Day**

**Full Day: 9 a.m. - 5 p.m.**  
**\$150/Day; Lunch included**

All HOW staff and volunteers are fully vaccinated against COVID-19. Participants must be fully vaccinated before joining the Day Program.

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### Virtual Dementia Family Support Group

This group provides a safe and friendly environment for family caregivers of people living with dementia to discuss their feelings and challenges, problem solve, and share resources.

**3rd Thursday of the month 2:30 - 4 p.m.**

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### Memory Café

This program provides a safe, friendly, and supportive space for people with memory loss and their care partners to have fun and connect with others.

**2nd Monday of the month 1 - 2:30 p.m.**

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### Registration & Information

For more information, please call 847.242.6250 or email [HOW@nssc.org](mailto:HOW@nssc.org).

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*Funds (in whole/part) for this publication were provided through an award from AgeOptions through funding from the VAC5 Expanding Access to COVID-19 Vaccines grant. North Shore Senior Center does not discriminate against any person served, person employed, or person seeking employment based on age, sex, race, color, disability, ethnicity, national origin, genetic information, religious tradition or spiritual practice. If you feel that you have been discriminated against, call the Senior Help Line at 800.252.8966 or 888.206.1327 (TTY).*