## house of welcome adult day services

specialized programs for people with memory loss

## VIRTUAL DEMENTIA FAMILY SUPPORT GROUP



The Dementia Family Support Group provides a positive environment for participants to share their feelings and thoughts, problem solve, discuss resources and gather information.

First and third Thursdays of the month 2:30 - 4 p.m.

A one-time registration is required Call 847.242.6250 or email HOW@nssc.org.

## north shore senior center

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